

Organizations Offering Food Assistance Programs in Central Oregon

NeighborImpact – Redmond, OR

Website: neighborimpact.org

Programs:

- **Food Bank Resourcing and Distribution:** Supplies 4 million pounds of food to over 55 partner agencies across Central Oregon.
 - **Food Recovery Program:** Rescues edible food from 19 grocery stores in Deschutes County for redistribution at Free Food Markets across Central Oregon.
 - **Mobile Food Pantry:** Offers free food and fresh produce in various locations across Central Oregon.
 - **Food Finder:** Provides a comprehensive list of all food partners and organizations online by geographic location.
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The Giving Plate – Bend, OR

Website: thegivingplate.org

Programs:

- **Community Store:** A no-cost market where guests from across Central Oregon can shop up to two times a month for groceries in a dignified, self-service environment.
- **Backpacks for Bend:** Provides weekend food for over 900 K–12 students across 30+ schools.
- **Kid’s Korner Market & Mobile Pantry:** Engages children in food selection in their marketplace and through a mobile pantry housed in a bus.
- **Bend Food Project:** A powerful community-led food drive program that brings in over 45,000 lbs. of food every two months.
- **Average Monthly Reach:** Serves over 4,800 individuals, with 65% under 18.

Ways to Partner:

- **Volunteer:** Join us regularly or with a group to help feed hope. Learn more at thegivingplate.org/volunteer
- **Donate Food:** Support keeping our shelves stocked through the Bend Food Project (bendfoodproject.com) or drop off food anytime at our Distribution Center (1212 NE 1st Street, Bend). Questions? Email janae@thegivingplate.org
- **Donate Funds:** Your donation fuels our mission and brings nourishment and hope to thousands. Give at thegivingplate.org/donate
- **Sponsor an Event:** Partner with us to grow awareness, support our mission, and spotlight your business. Email admin@thegivingplate.org to learn more.

Seed to Table

Website: seedtotableoregon.org

Food Assistance Programs:

- **Produce Shares (CSA-style):** Offers weekly vegetable boxes on a sliding scale to ensure affordability. Accepts SNAP/EBT and participates in the Double Up Food Bucks program, effectively doubling the purchasing power for eligible families.
- **Community Table:** Provides fresh produce through various local partners.
- **Sisters Farmers Market:** Operated by Seed to Table, the market accepts SNAP/EBT and Double Up Food Bucks, allowing shoppers to double their purchasing power for fresh produce.
- **How to get involved:**
 - **Volunteer**
Join us for a volunteer day and get your hands in the dirt to support local food production. Help with weeding, harvesting, and more!
 - **Pay It Forward**
Donate a “Pay It Forward” produce share. A gift of \$1,200 provides a household of four with seven months of fresh, healthy produce and a supportive community environment.
 - **Help Us Grow Smarter**
Know someone passionate about technology and sustainable farming? Connect us! We’re seeking support to invest in tools like biothermal heating for our greenhouses, electric tractors for efficient weeding and more to increase production on the land we already grow on.

Mosaic Community Health

Website: mosaicch.org

Food Assistance Programs:

- **Nutrition Services:**
Mosaic provides nutrition counseling and education as part of its integrated health services. Registered dietitians work with patients to develop personalized nutrition plans to support overall health and manage chronic conditions.
- **Community Health Worker Support:**
Community Health Workers at Mosaic assist patients in accessing various resources, including food assistance programs. They help connect individuals with local food banks, SNAP benefits, and other community services to address food insecurity.
- **Partnerships with Local Organizations:**
Mosaic collaborates with local organizations to support the food needs of patients

High Desert Food & Farm Alliance (HDFFA)

Website: hdffa.org

Food Assistance Programs:

- **VeggieRx:** Improves health outcomes for individuals experiencing food insecurity and diet-modifiable diseases by providing weekly “doses” of nutritious, locally sourced produce..
 - **Fresh Harvest Kits:** Free, ready-to-make meal kits containing farm fresh vegetables, pantry staple items (such as pasta, tuna, or beans), a seasoning packet from [Savory Spice](#), and a recipe card in English and Spanish to create a nutritious and delicious meal .
 - **Grow & Give:** A fresh food collection program, HDFFA’s Glean Teams collects produce from Central Oregon Farmers that would otherwise go to waste and delivers it to NeighborImpact and other hunger relief agencies.
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Central Oregon Locavore

Website: centraloregonlocavore.org

Food Assistance Programs:

- **SNAP/EBT Acceptance:**
Accepts SNAP/EBT benefits and offers an additional 5% discount on all food purchases for SNAP and OHP recipients. (centraloregonlocavore.org)
 - **Double Up Food Bucks:**
Participates in the Double Up Food Bucks program, offering a \$1 for \$1 match on SNAP purchases for fresh fruits and vegetables, up to \$20 per day.
 - **Oregon Farm Direct Vouchers:**
Accepts Oregon Farm Direct Vouchers, which can be used to purchase fruits, vegetables, and fresh cut herbs.
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Council on Aging of Central Oregon – Various Locations

Website: councilonaging.org

Food Assistance Programs:

- **Community Dining:** Offers in-person lunch meals at no cost for older adults aged 60 and over.
 - **Meals on Wheels:** Delivers meals to homebound seniors.
 - **Meal Sites:** Available in Bend, Sisters, La Pine, Madras, Prineville, and Redmond.
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Hunger Prevention Coalition – Central Oregon

Website: hungerpc.org

Food Assistance Programs:

- **Nutritional Support:** Raises and distributes funds for nutritious food to partner agencies.
 - **Public Education:** Increases awareness about the importance of good nutrition, especially in low-income populations.
 - **Partner Agencies:** Supports various local organizations to provide food assistance.
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Family Kitchen – Bend, OR

Website: familykitchen.org(councilonaging.org)

Food Assistance Programs:

- **Free Community Meals:** Provides hot meals several times a week at various locations.
- **Meal Service Times:** Lunch on Monday, Wednesday, and Friday; dinner on Tuesday, Thursday, and Friday; and Saturday lunch and Sunday brunch.

St. Vincent de Paul – Bend, OR

Website: svdpbend.org

Food Assistance Programs:

- **Food Pantry:** Provides food assistance to individuals and families in need.
- **Additional Services:** Offers medical/utilities assistance and clothing.

Bend Food Project

Website: bendfoodproject.com(bendfoodproject.com)

Food Assistance Programs:

- **Food Donation:** Community members donate nonperishable food every two months.
 - **Neighborhood Coordination:** Volunteers collect and deliver donations to The Giving Plate in Bend.
 - **Volunteer Opportunities:** Various roles available to support the initiative.
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Thrive Central Oregon

Website: thrivecentraloregon.org

Food Assistance Programs:

- **Drop-In Services:** Offers assistance with housing, employment, and benefits applications, including SNAP.
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Statewide Resources

State of Oregon Food Resources

<https://www.oregon.gov/odhs/food/pages/default.aspx>

- **Summer EBT** - helps families buy food for their school-aged children when school is out. Each summer, families will get one yearly payment of \$120 for each eligible child to buy groceries. Summer EBT doesn't affect immigration status, and it is not a public charge.
<https://www.oregon.gov/odhs/food/pages/sebt.aspx>
- **Instacart** - Those with EBT/ SNaP benefits can use Instacart. This is limited to participating grocers and does include some service fees.

Double Up Food Bucks

<https://doubleuporegon.org>

Some farmers markets and Locavore participate in double your food bucks for those with SNAP/EBT

Oregon Food Bank Finder

<https://www.oregonfoodbank.org/find-support>

Food Hero- OSU

<https://foodhero.org/>

Healthy, quick and low cost recipes, gardening tips, etc.