## ALL INCLUDES US

Expanding Healthcare for
Transgender Central Oregonians


Of the U.S. population says they know or work with someone who is transgender.
But 90 percent say they know someone LGB. (Socios, 2019)

## A note on this

## space...

- Check in before you OUT anyone Be brave and ask that question!


## TRANSGENDER CENTRAL OREGONIANS



# 16,850 

TRANSGENDER PEOPLE

Studies suggest between . 6 percent and 6 percent of the population is transgender (Williams Institute / GLAAD)

## TERMS TO KNOW

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TRANSGENDER: A person whose gender identity differs from expectations of assigned sex
NON-BINARY: A person whose gender identity is not binary (man/woman)
CISGENDER: A person whose gender identity conforms to expectations of assigned sex
TRANSITION: A process of affirming gender through social, legal, and/or medical changes
ASSIGNED SEX: A person's medically designated sex at birth (aka sex assigned at birth)

## SEX + GENDER: WHAT'S THE DIFFERENCE?

## SEX

A way of categorizing animals and their bodies (often expressed as male, female, and intersex), based on characteristics of sexual development, typically the external genitalia present at birth.

A legal designation attached to ID documents including state IDs/licenses, passports, Social Security, insurance, etc.

## GENDER (IDENTITY)

How a person sees themselves in relation to the behavioral, cultural, or psychological traits and roles associated the sex they were assigned at birth.

## NOTE: Both sex and gender can change.



## PERVASIVE DISPARITIES

- $\mathbf{1}$ in $\mathbf{3}$ reported a negative experience with healthcare in the past year
- $\mathbf{1}$ in $\mathbf{4}$ postponed necessary medical care due to discrimination by providers
- $\mathbf{1}$ in $\mathbf{5}$ were refused care due to transgender or gender non-conforming status
- $\mathbf{1}$ in $\mathbf{5}$ reported teaching their providers about transgender care
- More than half (55 percent) had to travel more than 10 miles for transition-related care within 10 miles
(U.S. Trans Survey, 2015)


## SUICIDE + MENTAL HEALTH

Trans people reporting at least one suicide attempt:

- 41 percent of trans adults
- > 50 percent of trans male teens
- 30 percent of trans female teens
- 42 percent of non-binary teens

40 percent experienced serious psychological distress in the month before completing the survey ( $8 x$ the national average).
(U.S. Trans Survey, 2015)

## IMPACT OF SUPPORT

## Referring to youth by their chosen

 name reduces the risk of suicide by